

Broccoli with Lemon

Ingredients

~3 cups broccoli florets
¼ cup extra virgin olive oil
1 lemon or 2 tablespoons of lemon juice

Directions

1. Steam broccoli. Take care to not overcook; it should be firm and bright green.
2. Cool a bit.
3. Whisk olive oil with juice of one lemon or the lemon juice.
4. Pour over broccoli; chill.
5. Enjoy as a snack or add to your salad.

Mary-Beth says: *“Broccoli took a big hit in popularity in 1990 when President Bush let everyone know that he didn’t like broccoli, and as President, he didn’t have to eat it any more. I remember thinking “what an odd thing to say, and oh dear for broccoli.”*